

Dear Parents and Carers,

### Updates to our PSHE and RSHE curriculum from September 2026

I am writing to let you know about some important updates to our Personal, Social, Health and Economic education and Relationships, Sex and Health Education provision from September 2026.

The Department for Education has published new statutory guidance for Relationships Education, Relationships and Sex Education and Health Education, which schools are required to have regard to from September 2026. As a result, we have reviewed our current curriculum and policy to ensure that our provision remains up to date, age-appropriate and fully aligned with the latest statutory expectations.

Following this review, we have decided to introduce **Jigsaw PSHE** as our scheme of work from September 2026.

Jigsaw is a well-established and widely used PSHE programme in primary schools. It provides a carefully sequenced, whole-school curriculum from Early Years to Year 6 and supports children's personal development, wellbeing, emotional literacy, resilience and understanding of healthy relationships. Jigsaw is also designed to support schools in meeting statutory requirements for Relationships Education and Health Education, while giving schools the flexibility to adapt content appropriately for their own community and context.

The programme is organised into six half-termly units, known as "Puzzles", which are revisited each year in an age-appropriate way:

- **Being Me in My World**
- **Celebrating Difference**
- **Dreams and Goals**
- **Healthy Me**
- **Relationships**
- **Changing Me**

These units help children to develop the knowledge, language and skills they need to understand themselves, build positive relationships, keep themselves safe and healthy, and prepare for the next stage of their lives.

As part of this curriculum update, we have also reviewed and updated our **PSHE and RSHE Policy**. Schools are required to consult with parents and carers when making changes to their Relationships and Sex Education policy, and we very much value your views as part of this process.

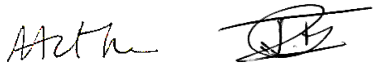
We would be grateful if you could take some time to read through the information and share any comments, questions or feedback using the Microsoft Form on our website.

Please submit any feedback by **Friday 17<sup>th</sup> July** so that we can consider responses before finalising the policy.

We believe that high-quality PSHE and RSHE education plays an important role in helping children to grow into confident, kind, respectful and responsible young people. Our aim is to ensure that the curriculum is taught sensitively, appropriately and in a way that reflects both statutory requirements and the needs of our school community.

Thank you for your support and partnership.

Yours sincerely,



Mrs A Aitken & Mr J Hollingsworth  
Acting Co-Principals

