

Welcome to the first issue of our E-safety newsletter this year. With the forthcoming Christmas holidays it is important that parents are aware of E-safety and ensuring that their children are kept safe online— especially if your child is having new technology for Christmas presents.

Please take time to read this and use the information to help keep your child safe online during the Christmas holidays.

My Family's Digital Toolkit

Internet Matters have created a personalised online safety toolkit that parents can use at home. By answering a few simple questions you can get age-specific advice, learn about popular apps, information on how to deal with any concerns and also tools to support your interests and well-being. Click [HERE](#) to use this toolkit.

Digital Family Agreement

A digital family agreement is one way in which parents can strike up conversations with their children and agree online boundaries, such as time, phones at the table etc. This sets clear rules for the child and when broken, they will understand that there can be consequences.

Below is a link to the LGfL DigiSafe website where you can download and create an agreement for your family.

[Digital Family Agreement \(lgfl.net\)](https://www.lgfl.net/digisafe/digital-family-agreement)

Social media age restrictions

Did you know there are recommended age restrictions for social media platforms? Keep an eye on the apps and sites your children are accessing using the information below!

Please click below for a useful resource to see which social media networks are appropriate for children.

<https://www.internetmatters.org/resources/social-media-networks-made-for-kids/>



Facebook Live: Helping parents keep their children safe online (LGFL)

Monday 20th December 2021 at 7pm

The National Grid for Learning, are holding a Facebook Live aimed at helping parents and carers supporting their children to stay safe both online and beyond. The 'live' will highlight controls etc on new devices and take a look at other areas like bullying, Child Sexual Exploitation, Child Criminal Exploitation. Please use the link below to join the event.

<https://www.facebook.com/lgflidigisafe/posts>

New Instagram Guide for Parents

Instagram have released a brand new guide for parents containing lots of useful information such as:

- Tips for parents.
- Tips for talking to teens.
- Managing account privacy.
- Balancing screen time.
- Filtering offensive comments.

Use this link below to help keep your child safe.



Who am I really chatting to online?

Childnet International

Great game. Same time tomorrow?

I'm 14 next month. How old are you?

Chatting to you is the best part of my day

Can I trust you with something?

Are you ignoring me?

Private chat?

You are so funny. Wanna meet up?

You are so right. I hate that stuff too

I'm so bored. What's it like where you live?

Love the pics you posted

If someone you only know online asks you...

- ...to meet up with them
- ...for personal information
- ...for pics or vids...

TELL A TRUSTED ADULT

UK Safer Internet Centre | Co-financed by the European Union | Childnet International © 2018 | Registered charity no. 1080173 | www.childnet.com